

CONRAD® SPA

ETIHAD TOWERS

كونراد أبوظبي أبراج الاتحاد

B E C O M E A N E V E N B E T T E R Y O U

THE JOURNEY STARTS WITH YOU

Imagine a spa that feels like it was made for you.
With warmth and familiarity, surprising intuitiveness and a refreshing approach.

Where innovative services and efficiency seamlessly come together to take you back to your optimum state of well-being, whether you stay the whole day or a few minutes.

Not only through treatments, but also through an atmosphere that transports you into an organically designed, locally inspired haven of harmony and lightness.

Your spa designed and made to your expectations.

A D V A N C E D F A C I A L S B Y A M R A

The ultimate in purification and environmental pollution protection.

PEARL PPF FACIAL

60 minutes / AED 750

Pearlescent and elegant, our detoxifying Pearl Facial uses innovative scientific technology to actively breakdown free radicals throughout the day as they enter the skin.

Our exclusive PPF + actives combined with nourishing Pearl envelop the skin to remove the impurities and protect the skin from environmental damage with its incredible protein content. The ultimate in purification and environmental pollution protection.

PLATINUM ULTRA LIFT FACIAL

60 minutes / AED 750

Our Platinum Micro-Frequency Facial encapsulates the skin with advanced active technology to mimic broken down collagen delivering youth and firmness to the tissue.

We enrich our Platinum formulation with Niacinamide to nourish and strengthen the skin, as well as protecting from UV damage. Focusing on the smooth contours of the neck and décolleté to create a soft focus and wrinkle diffusion to firm and define. This facial is the ultimate in Anti-Ageing.

DIAMOND BLUE LIGHT REFLECTING FACIAL

60 minutes / AED 750

Our Diamond Blue Light Reflecting Facial has been designed as a digital detox for the skin. Formulated to increase optimal clarity of each layer whilst eradicating and protecting the skin from blue light pollution.

The blue light eradicator technology we use combats modern world pollution and protects the skin from premature ageing whilst combatting free radicals throughout the day. The iridescence of our Diamond optical blurring technology clarifies the skin, by refining its texture.

AMRA FOR MEN RESURFACING FACIAL

60 minutes / AED 750

Our Amra for Men Resurfacing facial has been scientifically engineered specifically for men. Volcanic rock works on normalizing sebum, firms with platinum and nourishes with Meteorite. Cellactiv8 dynamically works at minimizing and preventing micro-cuts associated with shaving and fights free radicals to prevent premature ageing.

The Ultimate Facial for the Modern Man.

A M R A P R E S C R I B E D L U X U R Y M A S S A G E

AMRA PRESCRIBED LUXURY MASSAGE

A personalised massage journey tailored to your specific areas of concern, designed by your therapist to release muscle tension, whilst targeting your skincare concerns with one of our luxurious results driven AMRA treatment oils.

PEARL AFR MASSAGE

60 minutes / AED 650

90 minutes / AED 850

DIAMOND OPTICAL BLUR MASSAGE

60 minutes / AED 650

90 minutes / AED 850

PLATINUM ULTRA- LIFT MASSAGE

60 minutes / AED 650

90 minutes / AED 850

AMRA FOR MEN METEORITE

60 minutes / AED 650

90 minutes / AED 850

All prices are in UAE Dirham and are inclusive of all applicable service charges, local fees and taxes.



HEALING TOUCH MESSAGES

HOLISTIC

60 minutes / AED 550 | 90 minutes / AED 700

Signature therapeutic massage using a range of techniques from the best massages around the world. A unique combination of pressure points and medicated oil massage sequences create a truly amazing massage experience.

THAI

60 minutes / AED 550 | 90 minutes / AED 700

A therapeutic dry massage focusing on pressure points and stretching movements along the body's energy channels leaving your body relieved and energized.

BALINESE

60 minutes / AED 550 | 90 minutes / AED 700

A seamless blend of acupressure, skin-rolling and firm smooth strokes that stimulate energy flow and circulation whilst creating a deep sense of relaxation.

DEEP TISSUE MASSAGE

60 minutes / AED 550 | 90 minutes / AED 700

Deep tissue massage is a type of massage technique, which uses deep pressure. Combining slow strokes and notable finger pressure. The purpose is to release the tension and tightness held deeply in your muscles and your connective tissues.

STRESS RELIEF SWEDISH

60 minutes / AED 550 | 90 minutes / AED 700

Helping to increase oxygen flow in the blood and release toxins from the muscles, this massage shortens recovery time from muscular strain by flushing the tissues of metabolic wastes, stimulating the skin and nerves and reducing stress.

HOT STONE

60 minutes / AED 550 | 90 minutes / AED 700

Smooth heated stones are placed on specific acupressure points on the body to melt away knots, tensions and stress. The hot stone experience relieves pain, and promotes harmony, balance and peace.

FOOT REFLEXOLOGY

60 minutes / AED 550

An ancient pressure point massage of the feet that targets reflex zones that reflect organs within the body. Reflexology stimulates energy meridians.

PREGNANCY MASSAGE

60 minutes / AED 745

Perfect treatment for the mother to be using techniques to help relax, reduce water retention and improve overall circulation. Recommended from 4th to 7th month of pregnancy.

H A M M A M J O U R N E Y S B Y A M R A

PEARL DETOXIFYING MOROCCAN HAMMAM

75 minutes / AED 700

Purifying and detoxifying, our Pearl Hammam Journey removes the skins impurities by deeply cleansing and strengthening the skins barrier. Our PPF+ active protects the skin against environmental pollution.

DIAMOND ILLUMINATING MOROCCAN HAMMAM

75 minutes / AED 700

Illuminating Diamond brightens and lifts the skin. Crushed Diamonds exfoliate to smooth and nourish the skin. Our clarifying technology refines the skins texture, whilst also rehydrating the skin.

PLATINUM FIRMING MOROCCAN HAMMAM

75 minutes / AED 700

Our Platinum Firming Hammam has been designed to target cellulite properties, to tone and firm the skin. Our Niacinamide complex diffuses fine lines and wrinkles to create a soft focus.

FOR MEN RESURFACING MOROCCAN HAMMAM

75 minutes / AED 700

Our AMRA for Men Hammam has been created to resurface the skins texture by smoothing, brightening and toning with Platinum, Meteorite and Volcanic Rock. Deeply cleansing to remove the skins impurities and further to protect against environmental pollution.



S I G N A T U R E J O U R N E Y S B Y A M R A

FOR MEN CLARIFYING BODY TREATMENT

120 minutes / AED 1,000

Our For Men Clarifying Body Treatment deeply cleanses the skin to remove the impurities, whilst our crushed Meteorite exfoliates to smooth and tone.

Your journey includes: Full body cleansing massage, full body exfoliation and product application.

DIAMOND & PLATINUM ULTRA-LIFT JOURNEY

120 minutes / AED 1,000

The ultimate in defining and contouring. Illuminating Diamond and Firming Platinum sculpt and lift the muscle architecture. Crushed platinum exfoliates the skin to remove dead skin cells and tone the skin's natural balance.

Diamond Rhassoul Body Mask wraps the body to illuminate with our encapsulated Vitamin A.

Luxurious Platinum Treatment oil massages the skin with our bespoke full body massage to target four areas of concern.

Your journey includes: Full body exfoliation, full body wrap and full body massage.

PEARL PPF + SKIN PURIFIER RITUAL

150 minutes / AED 1,300

Purifying pearl encapsulates the skin to remove impurities and protect the skin against environmental pollution.

Your journey commences with a full body pearl cleanse to detoxify the skin.

Melted shea butter massages the skin as your therapist works on your targeted areas of concern, in our full body bespoke massage.

The journey concludes with a bespoke AMRA Facial tailored to your specific skincare concerns, incorporating one of our luxurious collections of Pearl Diamond or Platinum.

Your Journey includes: Full Body cleanse, full body massage (with melted shea butter) and a 60 minute bespoke facial.

PRECIOUS POWERHOUSE JOURNEY

150 minutes / AED 1,300

Encapsulating the world's most precious ingredients of Pearl, Caviar, Diamond and Platinum to deliver a journey of opulence.

Your journey commences with a foot cleanse to ease the pressure of the day. Rhassoul Body Mask wraps the skin to nourish, hydrate and purify.

Your journey continues with our signature AMRA Massage to release tension and stress within the muscle.

Your journey is complimented by our AMRA Illustrious Facial, designed with our exclusive powerhouse complex to firm, rejuvenate and illuminate.

Your journey includes: Foot cleanse, Full body mask wrap, full body massage and 60 minute facial.

A M R A C O U P L E S J O U R N E Y

AMRA COUPLES JOURNEY

AMRA PLATINUM & METEORITE COUPLES MASSAGE JOURNEY

120 minutes / AED 1800

Opulent Platinum and Meteorite redefine the skin with ultimate in luxury. Meteorite untouched by earth's pollutants actively works to detoxify and purify the skin with our AFR technology, as well as nourish the skin with pure minerals.

The therapist will tailor a massage bespoke to your individual areas of concern in our side by side couples massage journey together with luxurious Rose and Milk Bath.

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B O D Y C A R E

BODY SCRUB

60 minutes / AED 600

Stimulates cell renewal and removes the impurities of the day to deeply detoxify and combat modern world pollution, with full body exfoliation encompassing the world's most luxurious of ingredients.

BODY WRAP

60 minutes / AED 600

Rhassoul Body Mask encapsulates the skin to brighten and diffuse fine lines and wrinkles.

This treatment provides firmness and nourishment to the skin, which helps in detoxification.

ROSE AND MILK BATH

30 minutes / AED 250

Soften and hydrate the skin and soothe the spirit in this luxurious milk bath filled with rose petals and essentials oils, enjoyed in the calmness of scented candlelight.

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C O N R A D S P A S I G N A T U R E S

CACCI NON INVASIVE FACE LIFT

90 minutes / AED 900

Computer Aided Cosmetology Instrument transmits tiny electrical signal through the skin, which helps in microdermabrasion, facial toning, skin rejuvenation and hydration.

This treatment is exclusive for dry skin, targeting fine lines and easing Acne Scars.

OXYGEN FACIAL

60 minutes / AED 700

An antiaging facial that delivers instant results giving your skin a smooth, moisturized surface with radiance. This treatment helps to soften the expression lines, improve skin elasticity and helps deep infusion of oxygenated vitamins and antioxidants.

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S P A E T I Q U E T T E

HOURS OF OPERATION

Daily 11:00 - 22:00

ARRIVAL

To make the most of your Spa experience, we recommend that you arrive at least 15 minutes prior to your appointment. Please be informed that a late arrival will result in a reduced treatment

RESERVATIONS AND CANCELLATIONS

To secure the most suitable schedule for you, we recommend that you reserve your treatments by making an advance appointment. Credit card details or pre-payment are required for any external guests to secure the reservation.

Should you need to cancel or rebook your spa treatment, we request a minimum of 6 hours notice to avoid being charged in full for your treatment.

HEALTH CONCERNS

Please advise us of any health conditions, allergies or injuries that could affect your treatments or use of the Spa facilities. Guests who are pregnant or breastfeeding should advise us when making the booking as some treatments might not be suitable to be performed.

VALUABLES AND PERSONAL BELONGINGS

We recommend that you leave valuables in your guest room or at home. A jewellery box for safekeeping of valuables is provided in the treatment room but we recommend that no jewelry be worn at the Spa. The Spa does not assume liability for any valuables.

MOBILE PHONES

We request that all mobile phones be placed on silent mode to allow you and the other guests to enjoy the tranquility of the Spa.

GIFT CERTIFICATES

The Spa offers gift certificates, which can be purchased at Spa reception for either a specific service, package or amount.

LOCAL LAWS

In adherence to the UAE law, female therapists will attend to female guests and male therapists will attend to male guests.

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