

SPA MENU



WALDORF ASTORIA®

Spa



## THE WALDORF ASTORIA SPA

Waldorf Astoria Spa is a luxurious wellness escape where discerning guests experience unique and authentic spa journeys. We offer outstanding service to deliver an unparalleled spa experience and a diverse assortment of attractive wellness offerings.

Guests can rely on a team of individual spa experts to provide tailored treatments using an array of world-renowned products and unique local ingredients to meet a variety of wellness and beauty needs. The Waldorf Astoria promise of impeccable attention to detail and highly personalised therapies in an inviting, yet intimate environment ensures that each spa delivers its most unique and truly unforgettable experience.





## SIGNATURE COMBINATIONS

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### AMRA PEARL & PLATINUM JOURNEY

120 MINUTES

Purifying Pearl and Sumptuous Platinum exude sophistication, combined for a journey like no other. Experience the luxurious skincare properties of platinum and pearl leaving your skin firm, cleansed, and protected.

The experience includes a full body cleanse, a full body mask, a body butter application, and an AMRA Luxury facial.

### AMRA RARE DIAMOND RITUAL

120 MINUTES

The ultimate in luxury, your ritual commences with the opulence of AMRA Rarity, followed by the illuminating qualities of AMRA Diamond for a massage to strengthen, tone and revitalise you.

The ritual includes a full body cleanse, full body exfoliation, full body mask and full body massage.

### TATA HARPER BRIGHTENING BODY RITUAL

90 MINUTES

A top to toe buffing with a powerful, biodegradable body scrub leaves skin smooth, supple, and perfectly polished. Slip into a sense of peaceful serenity during a soothing massage with revitalising body oil for a complete sense of rejuvenation and well-being.

The ritual includes a full body exfoliation and full body massage.

## AMRA PEARL & PLATINUM PURIFYING HAMMAM JOURNEY



60 MINUTES

Discover the purifying and firming qualities of Pearl and Platinum in this decadent Hammam treatment, perfect for **protecting, firming, and toning skin**. The decadent AMRA Hammam includes a traditional cleanse with our precious Eucalyptus body soap, steam, pearl purifying body polish, platinum firming Rhassoul body mask, and body butter application to finish.

Enhance your experience:

**Add-on 30 minutes – Choose from the following:**

AMRA Express Facial

AMRA Back, Neck, and Shoulder Massage

AMRA Facial Cleanse and Dry Scalp Massage

**Add-on 60 minutes – Choose from the following:**

AMRA Luxury Facial

AMRA Full Body Bespoke Massage

## AMRA 24kt GOLD REJUVENATING HAMMAM JOURNEY

60 MINUTES

Relax and unwind with a sumptuous 24kt Gold Hammam journey. Uncover the **hydrating and toning** powers of 24kt Gold to transport you on a journey of luxury and bliss.

This AMRA Hammam includes 24kt Gold Body Soap, Steam, Gold Rejuvenating Body Polish, Gold Rejuvenating Rhassoul Body Mask, and Body Butter Application to finish..

Enhance your experience:

**Add-on 30 minutes – Choose from the following:**

AMRA Express Facial

AMRA Back, Neck, and Shoulder Massage

AMRA Facial Cleanse and Dry Scalp Massage

**Add-on 60 minutes – Choose from the following:**

AMRA Luxury Facial

AMRA Full Body Bespoke Massage

**Add-on 75 minutes**

AMRA exclusive 24kt Gold Spheres Massage



## ADVANCED SKIN & BODY THERAPIES

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### HYDRAFACIAL

HydraFacial is the world's foremost non-invasive facial treatment that has become a firm favourite with both users and professionals and is adored and endorsed by celebrities & doctors worldwide. HydraFacial treatments are safe and effective for men and women of all ages looking to treat a specific concern, or simply maintain optimum skin health

### EXPRESS HYDRAFACIAL

30 MINUTES

This treatment deeply cleanses, exfoliates, extracts, and hydrates the skin using super serums filled with antioxidants, peptides, and hyaluronic acid..

### ULTIMATE HYDRAFACIAL

60 MINUTES

The ultimate HydraFacial experience! Begin the detoxification process with a lymphatic drainage. The Signature HydraFacial then deeply cleanses, exfoliates and hydrates the skin while addressing your specific skin concern with two boosters of your choice.

This treatment concludes with LED light therapy to further reduce visible signs of aging.

### LPG ENDERMOLOGIE

The unique care of Endermologie® is precisely tailored to each client's needs and applied on the basis of the required treatment length. The treatment head with a motorised roller and valve in combination with a controlled sequential suction directly regulates skin tissue mobilisation. Thanks to the perfect synergy of the roller and valve effects, the Cellu M6® works on one part of the body with three simultaneous effects: it eliminates fat, smooths out any orange blemishes and strengthens the skin..



**PERFECT TONING**

60 MINUTES

Ideal for improving skin tone after significant weight loss, this intense cellular stimulation restores elasticity and radiance.

**DETOXIFYING**

60 MINUTES

Back and neck relaxation with aesthetic lymphatic drainage of the legs or the entire body and face.

**GOLD ENDERMOPUNCTURE**

60 MINUTES

An exceptional treatment that simultaneously stimulates adipocytes (slimming cells), fibroblasts (rejuvenating cells) and surrounding cells for maximum effectiveness. Smooths the appearance of cellulite..

**TARGETED BODY TREATMENT**

60 MINUTES

Personalised Protocols

\*Multi-treatment options (packages) for HydraFacial and LPG ENDERMOLOGIE are available upon request.



## FACIALS

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### AMRA

AMRA defines luxury, crafting luxurious, bespoke moments experienced through true uniqueness. Combining the world's most precious ingredients with the pinnacle of scientific technology, AMRA creates journeys that transcend luxury and capture memories.

### AMRA PRECIOUS PEARL FACIAL

60 MINUTES

75 MINUTES | STEAM INCLUDED

The AMRA Precious Pearl Facial incorporates the properties of AMRA's powerhouse ingredients. Pearl, caviar, gold, diamond and platinum work alongside scientific technology to remove impurities and protect the skin.

Designed for guests with the following skincare concerns: sensitive, oily, blemished or dull skin or skin with excessive pores.

### AMRA DIAMOND ILLUMINATING FACIAL

60 MINUTES

75 MINUTES | STEAM INCLUDED

Our Diamond Illuminating Facial has been formulated to increase optimal clarity of each dermal layer whilst eradicating and protecting the skin from blue light pollution to combat premature ageing.

Designed for guests with the following skincare concerns: ageing, dullness, discoloration





## AMRA GOLDEN OPULENCE FACIAL

60 MINUTES

75 MINUTES | STEAM INCLUDED

Opulent 24kt Gold is a natural anti-inflammatory known for its powerful cell renewal properties. Our Golden Opulence Facial has been formulated with our unique 4 in 1 anti-ageing actives, giving your skin clearer definition.

Designed for guests with the following skincare concerns: ageing, dullness, dehydration, glycation, inflammation

## TATA HARPER

At Tata Harper we are green beauty engineers, researching, developing, and producing formulas with the highest-powered ingredients and cutting-edge technology. Our nature-derived formulas are engineered, hand-batched, and filled one by one to create the freshest skincare possible that goes directly from our farm to your doorstep.

## TATA HARPER SIGNATURE FACIAL

60 MINUTES

90 MINUTES | STEAM, EXTRACTION & ADDITIONAL MASK

This signature treatment begins with a thorough complexion analysis to identify the needs of your skin. A bespoke masking ritual rounds off the treatment to leave your skin optimised and glowing.

Designed for guests with all skincare concerns.



## TATA HARPER SUPERKIND CALMING FACIAL

60 MINUTES

90 MINUTES | STEAM, EXTRACTION & ADDITIONAL MASK

This soothing treatment uses Tata Harper's line developed specifically for sensitive and scent-averse skin. Nurturing mask and massage rituals paired with deeply hydrating elements strengthen the skin's defence system and leave it calm and healthy.

Designed for guests with the following skincare concerns: sensitive skin, reactive skin and dehydrated skin

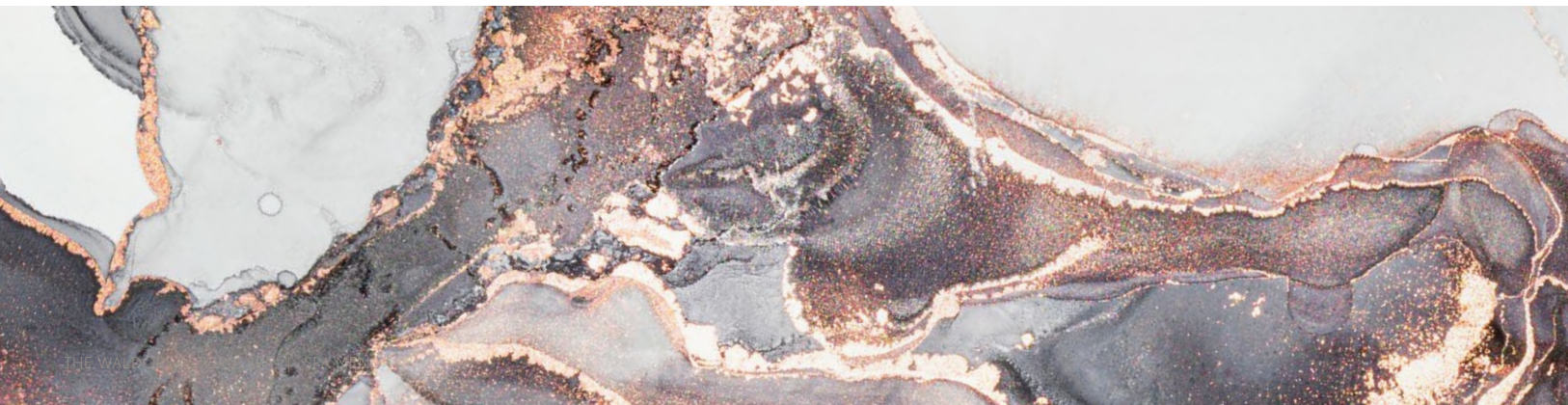
## TATA HARPER RESURFACE AND REFINE FACIAL

60 MINUTES

90 MINUTES | STEAM, EXTRACTION & ADDITIONAL MASK

This glow-giving treatment uses a natural multi-acid peel to dramatically refine and brighten your skin. Masking, oxygenic massage, and illuminating formulas leave your skin strong and radiant.

Designed for guests with the following skincare concerns: Hyperpigmentation, skin discolouration, uneven skin tone, and dull skin.







## FOR WOMEN

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### TATA HARPER REMODELAGE BACK & FACIAL TREATMENT

90 MINUTES

Nurture and invigorate your skin with this revitalising treatment which includes three different massage experiences. The ritual starts with tension-release back massage, moves on to the remodel age face massage, and concludes with the oxygenic décolleté and neck massage, leaving your skin deeply hydrated and lifted and looking bright and healthy.

### TATA HARPER MOTHER-TO-BE MASSAGE

75 MINUTES

The perfect pampering moment for all mothers-to-be. The antioxidant-rich balm is applied to the body using therapeutic movements in this soothing and deeply relaxing massage.

\*Treatment can only be performed after the first trimester

### I3DOME

30 MINUTES

Far Infra-Red technology uses infra-red rays to stimulate the metabolism and induce perspiration to help you detox and lose weight. The additional Plasma- and Light-Therapy device (PLT) brings about visible and immediate facial skin rejuvenation and detoxification. Using the three therapies in combination enhances the benefits of each treatment.

## AMRA PLATINUM & ROSE OUD HAMMAM JOURNEY



60 MINUTES

Begin the Hammam journey with the aroma of gold to cleanse your mind and help you unwind. The Platinum Firming and Rose Oud treatment will give your skin a firmer and more youthful appearance.

This AMRA Hammam includes Precious Hammam Soap, Steam, Platinum Firming Body Polish, Platinum Dipeptide Rhassoul Body Mask, and Body Butter Application. The AMRA Platinum & Rose Oud Hammam journey is enhanced with a Vichy shower experience.

Enhance your experience:

**Add-on 30 minutes – Choose from the following:**

AMRA express facial

AMRA back, neck, and shoulder Massage

AMRA facial cleanse and dry scalp massage

**Add-on 60 minutes – Choose from the following:**

AMRA luxury facial

AMRA full body bespoke massage



## FOR MEN

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### AMRA 24 KT GOLD THAI MASSAGE

90 MINUTES

Start with a rejuvenating Gold Foot Ritual to take away your stress and soothe your feet. Let time come to a stop as the expert therapist works the world's most luxurious oil into your skin to give you a deep-tissue full body massage using traditional Thai techniques that target areas of tension.

### TATA HARPER MEN'S SKIN SOLUTION

60 MINUTES

90 MINUTES | BACK MASSAGE & ADDITIONAL MASK

This treatment targets concerns specific to men's skin. A regimen focused on reducing congestion and shaving irritation that will leave skin refined and nourished.

### AMRA FOR MEN METEORITE FACIAL

60 MINUTES

75 MINUTES | STEAM INCLUDED

Scientifically engineered to combat all male skincare concerns, this facial combines the powerful benefits of Platinum, Volcanic Rock, Meteorite and Cellactiv8 to draw out skins impurities while also toning and firming.

### AMRA FOR MEN VOLCANIC ROCK & GOLD, FACE & BODY RITUAL

150 MINUTES

AMRA 24kt Gold and Platinum, Volcanic Rock, Meteorite and Cellactiv8 fuse to help firm, rejuvenate, and define the clarity of the skin throughout this facial, which is followed by a crushed Gold Full Body Exfoliation and a full body massage.



## TATA HARPER RECOVERY BODY RITUAL

90 MINUTES

Restore tired muscles and detoxify your skin with this recovery body treatment. A stimulating body peel and deeply detoxifying back mask will activate drainage of the lymphatic system, while a restorative massage soothes sore muscles.

## AMRA FOR MEN HAMMAM JOURNEY

60 MINUTES

This traditional Hammam ritual combines Platinum, Meteorite, Volcanic Rock, and Cellactive8 to protect skin from the pollution of the modern world, allowing it to exfoliate to give you a smoother, brighter and healthier-looking skin. The treatment is suffused with an olfactory combination of woody amber and soft leather to give you an exceptional, bespoke experience.

Enhance your experience:

Add-on 30 minutes – Choose from the following:

- AMRA express facial
- AMRA back, neck, and shoulder Massage
- AMRA facial cleanse and dry scalp massage

Add-on 60 minutes – Choose from the following:

- AMRA luxury facial
- AMRA full body bespoke massage

## TATA HARPER BATH & SPORT RITUAL

140 MINUTES

This body treatment has been designed for the tired traveller, stressed executive, or someone who just wishes to unwind after a workout. The experience begins with an EVITARIUM® bath and is followed by a warming body peel and detoxifying wrap. The targeted pain relief massage leaves you feeling revitalised and refreshed.



## MASSAGE

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### AMRA 24kt GOLD SPHERE MASSAGE

75 MINUTES

Immerse yourself in the luxurious world of 24kt Gold Rejuvenation with this bespoke journey, designed to remove the impurities of the day whilst revitalising the skin. The treatment includes the heated AMRA exclusive 24kt Gold Spheres, ensuring the ultimate in luxury and melting away muscle stress and tension.

### BESPOKE MASSAGE BY AMRA

60 MINUTES

90 MINUTES

Bespoke massage by AMRA has been designed to work on your specific areas of concern, 'choreographed to work anatomically alongside our highly active body oils, each formulated with a purpose to deliver an exceptional result'.

### AMRA DEEP TISSUE

60 MINUTES

Indulge in a massage at the deepest level, choreographed to alleviate tension, pain and stress.

Techniques crafted alongside decades of aesthetic mastery, enriched by exclusive treatment protocols, target specific areas of deep tissue stresses, delicately and dexterously easing areas of concern.

This restorative, preventative and luxurious deep-tissue massage encourages muscles to release tension, providing pain relief throughout the body.





### TATA HARPER ORGANIC BODY MASSAGE

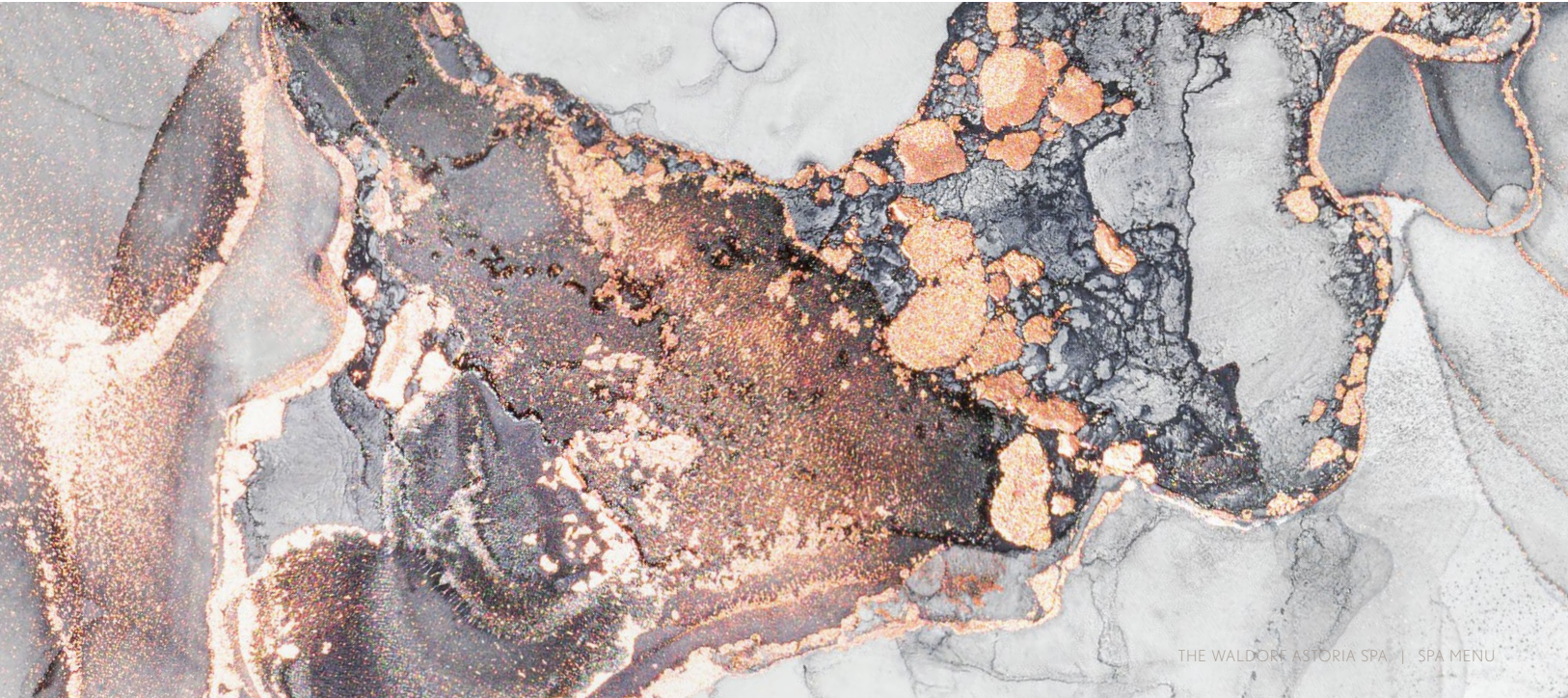
60 MINUTES  
90 MINUTES

Using a customised blend of herbs and botanical ingredients straight from Tata's Vermont farm, this whole-body massage focuses on problematic areas for ultimate stress relief.

### TATA HARPER BODY SHAPING MASSAGE

60 MINUTES

The deep tissue massage is paired with the body peel which effectively removes dead skin cells while a botanical detox blend activates microcirculation to support healthy-looking skin.





## WELLNESS EXPERIENCES FOR MIND & BODY RECOVERY

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3 individual relaxation rooms have been created in each male and female spa to provide a unique mind and body relaxation and recovery experience. The rooms can be booked independently of treatments when you feel in need of an express relaxation experience.

### **ALPHA- SPHERE SENSORY RELAXATION EXPERIENCE**

30 MINUTES

The Wellness Creator - SHA. has composed a perceptual experience of unique sounds, lights, colours, warmth, gentle vibrations, and a special spatial experience to enable your senses to connect in a new way, through the unique Alpha Sphere.

### **IDYLLIC AMBIENCE EXPERIENCE BY AMRA**

30 MINUTES

In this relaxation pod, you will experience a bespoke Olfactory Meditation, choreographed to purify the mind and body, as you are eased with luxury through the meditation ritual. Rejuvenate the mind to capture timeless memories in a journey encapsulating true splendour.

### **SWAY RELAXATION EXPERIENCE**

30 MINUTES

Within seconds, a pleasant, cosy feeling envelops your body, and your mind begins to let go of everything; soon, you won't even notice the rocking movement. Instead, the pendulum frequency is cleverly gauged to help your body and mind relax completely. Even though the experience is too short to give you a deep sleep phase, it is long enough to leave you feeling totally refreshed, better able to concentrate, more productive, and able to return to your daily work with renewed energy, no matter what time of day it is. This relaxation experience is further supported through a fine salt inhalation to open your airways.





## DECADENT SUITE EXPERIENCES

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Our indulgent Spa suite provides all the facilities you could ask for in a holistic and private setting. Take time and luxuriate in the spacious arrival lounge and the bathroom with its full range of amenities. Indulge yourself with the steam experience, hammam experience, and the treatment area with hydrotherapy pool. We have curated a cornucopia of experiences for your pleasure and enjoyment, that will leave you wanting to come back for more.

Experiences are priced to suit single, double, or group occupancy and can be adapted to suit your requirements.

### TATA HARPER VIP SUITE ORGANIC PACKAGE

310 MINUTES

This full-day experience is designed to do everything that a good vacation retreat should from calming and relaxing your mind and body to indulging and inspiring your senses. The luxury VIP suite offers a private steam followed by an invigorating foot treatment and herbal tea ceremony. A honey cocoon body wrap begins with a Tibetan singing bowl ritual and is followed by a nourishing body wrap and full body massage, complemented by a deeply hydrating facial. The package includes a wholesome vegan and organic lunch served in the privacy of the suite, as well as refreshments throughout your stay.

### AMRA IMMERSE

380 MINUTES

This full-day experience is curated by Amra Skincare and is a comprehensively luxurious experience. Your time starts with an extremely indulgent foot ritual. You will then move into the hammam which will leave your skin glowing, and then on to a sublime full body massage before rounding off your experience with the ultimate facial treatment. Complement your day with a seasonal 2-course meal, relaxation time and refreshments.



## AMRA RITUAL

255 MINUTES

This half-day experience is a treat for anyone wanting to get away from it all, enjoy time in the steam room to detox the skin and free the mind, and follow with a rejuvenating full body exfoliation and wrap. A Gold Sphere Massage will soothe you, relax you and leave you in a state of bliss. And don't forget to enjoy a sumptuous Waldorf Astoria afternoon tea served in the comfort of the suite.

## AMRA DISCOVER

120 MINUTES

The perfect way to have more than just a spa treatment and reward yourself or a loved one with this unique spa discovery experience. Your journey begins with an opulent facial cleanse to draw out impurities, and to tone tighten and lighten your skin. Then treat yourself to the side-by-side massage incorporating our bespoke 24kt Golden Spheres which will give your skin nourishment and hydration. Complete your treatment with 30 minutes of relaxation in the private wet facilities of the VIP treatment suite.



## SPA INFORMATION

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### OPERATING HOURS

Daily 10:00 am - 10:00 pm - any changes are provided without notice

Last hourly treatment reservation is 7:45 pm

The spa is an adult-only environment. Guests under the age of 16 years are not permitted.

### RESERVATIONS

To avoid any disappointment, we recommend making reservations in advance, particularly if you choose to enjoy multiple bookings during your stay - please note that walk-in reservations are subject to availability and cannot be guaranteed. To make the most of your spa experience and support the benefits of your treatment, we recommend you arrive a minimum of 30 minutes prior to your reservation to enjoy our arrival experience, to change and to make use of the facilities. Please note that late arrivals will result in reduced treatment time.

Hotel guests may contact the spa concierge via the guest room phone spa button option, non-hotel guests can contact the spa directly by dialling + 965 2477 4424

### CANCELLATION AND RESCHEDULE POLICY

We understand things can change. If you need to amend, re-schedule or cancel your appointment, please ensure that you give us a minimum of 8 hours' notice to allow us to make the relevant changes.

Giving us less than 8 hours' notice to amend, re-schedule or cancel your appointment or failing to arrive for the appointment will incur a 100% charge.

## GENDER POLICY

To comply with local and cultural regulations, all treatment services will be conducted by same gender therapists.

## AGE POLICY

The spa welcomes all guests aged 16 years and above.

## HEALTH CONDITIONS

When making your reservation or upon arrival, kindly inform the spa concierge of any medical conditions, allergies, injuries, or disabilities to allow us to curate the best experience for you. If you are pregnant or think you may be pregnant, there are a few treatments that should be avoided, however, there are many relaxing treatments that you will still be able to enjoy. Please inform the spa reception and let them know at what stage you are in your pregnancy so that we can advise you accordingly.

## ATTIRE

A range of amenities are provided for your comfort during your stay with us, including towels, robes, slippers, and disposables. Please note that nudity is not permitted at any time. Please change in the private changing areas provided.

Swimwear is required for use of the wet facilities.

Whilst the spa provides lockers, it is recommended that you leave valuables in your guest room safe or at home. The spa does not accept liability for the loss of any valuables. During all treatments, therapists will drape any exposed part of your body that is not being worked on – disposable garments are provided for your comfort, alternatively you may prefer to wear your own.

## ETIQUETTE

To ensure the spa environment is a haven of privacy, relaxation and tranquillity for all guests, Waldorf Astoria Spa is a mobile phone, camera, and smoke-free zone. Please ensure all mobile phones and electronic devices are placed on silent or turned off and placed in the lockers provided for the duration of your visit.



## SPA MENU PRICE LIST

TREATMENT TYPE	BRAND	TREATMENT NAME	DURATION / MINUTES	PRICE
Decadent Suite Experience	Tata Harper	Tata Harper VIP Suite Organic Package		
		Couple full treatment Single full treatment	310 310	KWD 550 KWD 310
Decadent Suite Experience	AMRA	AMRA Immerse		
		Couple full treatment Single full treatment	380 380	KWD 670 KWD 370
Decadent Suite Experience	AMRA	AMRA Ritual		
		Couple full treatment Single full treatment	255 255	KWD 470 KWD 250
Decadent Suite Experience	AMRA	AMRA Discover		
		Couple full treatment	145	KWD 220
Signature Combinations	AMRA	AMRA Pearl & Platinum Journey	120	KWD 185
Signature Combinations	AMRA	AMRA Rare Diamond Ritual	120	KWD 185
Signature Combinations	Tata Harper	Tata Harper Brightening Body Ritual	90	KWD 90
Signature Combinations	AMRA / Hammam	AMRA Pearl & Platinum Purifying Hammam Journey	60	KWD 85
Signature Combinations	AMRA / Hammam	AMRA 24kt Gold Rejuvenating Hammam Journey	60	KWD 85
Signature Combinations	AMRA / Hammam	Add-on: AMRA Express Facial	30	KWD 50
Signature Combinations	AMRA / Hammam	Add-on: AMRA Back, Neck & Shoulder Massage	30	KWD 35



TREATMENT TYPE	BRAND	TREATMENT NAME	DURATION / MINUTES	PRICE
Signature Combinations	AMRA / Hammam	Add-on: AMRA Facial Cleanse and Dry Scalp Massage	30	KWD 35
Signature Combinations	AMRA / Hammam	Add-on: AMRA Luxury Facial	60	KWD 95
Signature Combinations	AMRA / Hammam	Add-on: AMRA Full Body Bespoke Massage	60	KWD 60
Advanced Skin & Body Therapies	HydraFacial	Express HydraFacial	30	KWD 45
Advanced Skin & Body Therapies	HydraFacial	Ultimate HydraFacial	60	KWD 85
Advanced Skin & Body Therapies	HydraFacial	Add-on: Facial Lymphatic Drainage	15	KWD 30
Advanced Skin & Body Therapies	HydraFacial	Add-on: LED Light Therapy	15	KWD 30
Advanced Skin & Body Therapies	HydraFacial	Add-on: Perk Eye or Lip Treatment	15	KWD 30
Advanced Skin & Body Therapies	LPG	Perfect Toning	60	KWD 75
Advanced Skin & Body Therapies	LPG	Detoxifying	60	KWD 75
Advanced Skin & Body Therapies	LPG	Gold Endermopuncture	60	KWD 75
Advanced Skin & Body Therapies	LPG	Targeted Body Treatment	60	KWD 75
Facials	AMRA	AMRA Precious Pearl Facial	60	KWD 95
		Steam Inclusion	75	KWD 105



TREATMENT TYPE	BRAND	TREATMENT NAME	DURATION / MINUTES	PRICE
Facials	AMRA	AMRA Diamond Illuminating Facial	60	KWD 95
		Steam Inclusion	75	KWD 105
Facials	AMRA	AMRA Golden Opulence Facial	60	KWD 95
		Steam Inclusion	75	KWD 105
Facials	Tata Harper	Tata Harper Signature Facial	60	KWD 95
		Steam, Extraction & Additional Mask	90	KWD 115
Facials	Tata Harper	Tata Harper Superkind Calming Facial	60	KWD 90
		Steam, Extraction & Additional Mask	90	KWD 115
Facials	Tata Harper	Tata Harper Resurfacing & Refining Facial	60	KWD 100
		Steam, Extraction & Additional Mask	90	KWD 120
Massage Therapies	AMRA	Bespoke Massage by AMRA	60	KWD 60
Massage Therapies	AMRA	Bespoke Massage by AMRA	90	KWD 80
Massage Therapies	AMRA	AMRA Deep Tissue	60	KWD 70
Massage Therapies	AMRA	AMRA 24KT Gold Sphere Massage	75	KWD 75
Massage Therapies	Tata Harper	Tata Harper Organic Body Massage	60	KWD 60
			90	KWD 80
Massage Therapies	Tata Harper	Tata Harper Body Shaping Massage	60	KWD 75
For Women	Tata Harper	Tata Harper Remodelage Back & Facial Treatment	90	KWD 105

TREATMENT TYPE	BRAND	TREATMENT NAME	DURATION / MINUTES	PRICE
For Women	Tata Harper	Tata Harper Mother-to-be Massage	75	KWD 80
For Women	I3Dome	I3Dome Session	30	KWD 35
For Women	AMRA / Hammam	AMRA Platinum & Rose Oud Hammam Journey (with Vichy Shower)	60	KWD 90
For Men	AMRA	AMRA 24kt Gold Oil Thai Massage	90	KWD 85
For Men	Tata Harper	Tata Harper Men's Skin Solution	60	KWD 90
			90	KWD 115
For Men	AMRA	AMRA for Men Meteorite Facial	60	KWD 95
		Steam Inclusion	75	KWD 105
For Men	AMRA	AMRA for Men Volcanic Rock & Gold Ritual	150	KWD 205
For Men	Tata Harper	Tata Harper Recovery Body Ritual	90	KWD 105
For Men	AMRA	AMRA for Men Hammam Journey	60	KWD 85
For Men	AMRA	Tata Harper Bath & Sport Ritual	140	KWD 160
EVITARIUM® Bath	KLAFS	Add on Evitarium Bath	30	KWD 25
Relaxation Experiences	Alpha-Sphere	Alpha-Sphere Sensory Relaxation Experience	30	KWD 35
Relaxation Experiences	AMRA	Idyllic Ambience Experience by AMRA	30	KWD 35
Relaxation Experiences	Sway Bed	Sway Relaxation Experience	30	KWD 35



  
WALDORF ASTORIA  
*Spa*

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