



WALDORF ASTORIA[®]
LAS VEGAS

Spa Menu



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SPA INFORMATION



EXPERIENCE *Tranquillity*

Stillness

Like the slow, almost still movements of the moon, these treatments bring about a deep inner peace.

Relief

As deep roots strengthen the tallest trees, these treatments provide deep relief from body aches and mental tension.

Vitality

Like the healing, renewing energy of the sun, these stimulating treatments provide detoxification and renewal.



Massage Therapy SERVICES

SIGNATURE WELLNESS MASSAGE

60 min | 90 min | 120 min

Stillness Relief Vitality

Create a personalized massage through an offering of Wellness Intentions designed to help you decompress and unwind from your busy lifestyle. A custom wellness ritual will help our therapist guide you to your chosen intention. We kindly request that you arrive at least 15 minutes prior to the start of your massage to complete your self-tailored wellness ritual.

CUSTOM RELAXATION MASSAGE

60 min | 90 min | 120 min

Stillness

Let go of your stress and worry with our Custom Relaxation Massage. Your massage therapist will customize your massage while using a light to medium pressure. Further customize your experience with any of our added enhancements.

MATERNITY BLISS MASSAGE

60 min | 90 min

Relief

A soothing treatment to support a woman's prenatal body while promoting relaxation. An optional exfoliation is offered to relieve itching and smooth skin tone. The massage is customized for each mother's needs to relieve areas of discomfort. Safe botanical oils are used throughout the service in addition to a nourishing shea butter to strengthen and hydrate the skin.

THERAPEUTIC RELIEF MASSAGE

60 min | 90 min | 120 min

Relief Vitality

An invigorating, full body therapeutic massage for active lifestyles to release tension and increase energy flow and circulation. This treatment incorporates a recovery essential oil with specific massage techniques including compression and stretching providing extraordinary results.

IN ROOM WELLNESS MASSAGE

60 min | 90 min | 120 min

Stillness Relief Vitality

We bring the elements of the spa for a personalized Massage experience to your room or suite. Choose between Swedish, Deep Tissue or a combination of both. Your therapist will customize with an assortment of worldly massage techniques to achieve desired results. Wellness Intension enhancements will be presented to you based on your personalized needs.

VITAMIN D IMMUNE BOOST MASSAGE

60 min | 90 min | 120 min

Stillness Relief Vitality

A customized restorative massage that promotes immune support to the body and helps prevent skin damage by environmental aggressors. A gentle sugar cane exfoliating cream removes dry and depleted skin while an immune supporting Vitamin D serum will brighten and restore, revealing naturally glowing skin from head to toe. This massage is performed with a beautiful blend of nourishing and anti-inflammatory oils which will quench and repair the moisture barrier in your skin. The products used in this massage help to prevent reoccurrence of pigmentation, signs of aging, and inflammation and preserves the production of collagen, elastin and hyaluronic acid.

HIMALAYAN SPHERE STONE MASSAGE

90 min | 120 min

Stillness Relief

This Salt Stone Massage helps stimulate circulation, improve sleep, reduce inflammation and soothe sore muscles. It is a gentle exfoliant that moisturizes the skin leaving it refreshed and glowing. It naturally replenishes the body with essential minerals along with greatly increasing the recipient's overall sense of well-being.

THAI FUSION MASSAGE

90 min | 120 min

Relief

A combination of Eastern and Western practices with a focus on invigorating stretching and pressure point therapy. Deep tissue techniques and rhythmic stretch movements are applied with an active muscle and joint herbal massage cream to help provide relief to muscle strain and rigidity.



Discover
your
highest
energy
vibrations



Body TREATMENTS

BODY SCRUB EXPERIENCE

45 min

Stillness Relief Vitality

A full body salt scrub has a blend of salts including Bolivian Tose Salt, Himalayan Pink Salt, Utah Desert Salt and Dead Sea Salt to exfoliate and detoxify with Gigartina Algae to hydrate and soothe the skin. After showering, receive a moisture application leaving you hydrated for the night.

HAMMAM BODY TREATMENT

60 min

Relief Vitality

In a traditional treatment hot steam bath setting, you will start with a 15-minute relaxing steam ritual to prepare the body, then your provider will pour warm water over the body while laying comfortably on a heated marble slab. A relaxing sequence of cleansing techniques using nourishing soap is applied to exfoliate and cleanse the skin, removing toxins and impurities from the body and tightening the pores leaving you invigorated. Inclusive of a conditioning scalp massage. Interchanges of hot and cold water fully detoxify and revive the body.

SUGAR GLOW HYDRATION WRAP

60 min

Stillness Relief Vitality

Enjoy a full body sugar exfoliation to prepare the skin prior to being in a nourishing hydration wrap which cocoons the body as you receive a face massage. The sugar scrub is fresh sugar cane blended with a cold pressed coconut oil with extracts of dilo and macadamia nut to moisturize the skin. After rinsing in a rain shower, a body butter masque is applied enveloping the body with extreme vitamin rich moisturizing properties. While relaxing in this full body wrap receive a hydrating face mask with face massage. Leave looking healthy and hydrated from head to toe.

REPLENISHING DETOX WRAP

90 min

Relief Vitality

A mineralizing body treatment featuring nutrient-dense seaweed to help detoxify, hydrate and protect the skin and body. An uplifting salt exfoliation prepares the skin for a nourishing aloe and algae body mask. A heated blanket then envelops the body to comfortably raise core temperature, assisting in the elimination of toxins and the absorption of nutrients. A mineral-rich hydrating lotion and calming head massage finish the treatment.



[BOOK NOW](#)

[MENU NAVIGATION](#)

Facial SERVICES

MEN'S FACIAL

60 min

Stillness Relief Vitality

A facial customized for men's skin that includes a deep, triple cleanse with warm compresses to soothe, soften and decongest facial hair and skin. A relaxing acupressure face massage and purifying mask firm and tone while a deep shoulder and scalp massage release tension.

CLASSIC RELAXATION FACIAL

60 min | 90 min

Stillness Relief Vitality

A classic skin care regime with all of the benefits of a European Facial, includes cleansing, exfoliating, toning, moisturizing with a custom blend of serums to suit your skins needs.

SIGNATURE WELLNESS FACIAL

60 min | 90 min

Stillness Relief Vitality

Create a signature facial using marine biotechnology to reveal the full potential of natural smoothing and glowing skin. A custom wellness ritual will help our therapist to guide you to your chosen intention. We kindly ask you arrive 15 minutes prior to the start of your facial to complete your tailored wellness ritual.

ANTI AGING SMOOTHING FACIAL

60 min

Relief Vitality

Formulated to specifically meet the needs of aging skin, this non-invasive anti-aging treatment boosted with retinol will visibly reduce the appearance of expression lines and wrinkles. You will leave with an instant and long-term youthful appearance.

HYDRAFACIAL

Deluxe 60 min | Platinum 75 min

Relief Vitality

All HydraFacials deeply cleanse, extract and hydrate the skin through our super serums filled with antioxidants, peptides and hyaluronic acid. In addition, the Deluxe HydraFacial addresses specific skin concerns through HydraFacial's boosters and protocols and concluding with a relaxing hand massage during your LED Light Therapy to further reduce the visible signs of aging. The Platinum HydraFacial addresses specific skin concerns with a booster of your choice along with a Facial Lymphatic facial treatment, concluding with a relaxing hand massage during your LED Light Therapy to further reduce the visible signs of aging.

COLLAGEN RADIANCE FACIAL

90 min

Relief Vitality

In this intensely rejuvenating treatment, this powerful collagen treatment will hydrate your skin for a plumper, firmer, more radiant complexion. A luxurious a head, neck and shoulder massage is performed along with a nourishing hand and foot paraffin treatment. Finishing off with an innovative lip booster to increase your lips natural moisture content.



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[MENU NAVIGATION](#)

A woman with blonde hair, wearing a white bathrobe, is sitting on the edge of a large, bubbling hot tub. She is looking down at the water. The hot tub is set in a modern bathroom with dark grey tiles. A window in the background shows a cityscape with a tall building. A white towel with red rose petals is draped over the edge of the hot tub. A silver tray with more red rose petals is on the tiled surface next to the hot tub. The text "Explore true relaxation" is written in a cursive font over the hot tub.

*Explore
true
relaxation*

Couples

EXPERIENCE

WALDORF ASTORIA COUPLES RELAXATION MASSAGE

60 min | 90 min | 120 min

Relief Vitality

Set in the comfort of a wellness spa suite, the personalized massages offer side by side relaxation and rejuvenation. The therapists will customize the massage techniques to achieve desired results for each guest. Massage upgrades and enhancements available.

KARMIC HAPPINESS RITUAL

120 min

Relief Vitality

Designed for couples seeking romance and longevity, this treatment begins with a skin softening body exfoliation with customized aromatherapy. Together you will then relax under the soothing waters of the private steam shower, before enjoying side-by-side massages with a focus on points of the body that stimulate feelings of joy, stability and happiness.

HEART OF ROMANCE

3 hours

Relief Vitality

Relax together in one of the luxurious private spa wellness suites inclusive of a wellness essential oil steam shower, a therapeutic bathtub and a private bathroom and vanity area. There you will embark on an exotic spa journey for two. After a welcoming foot bath ritual to customize your treatment, you both will enjoy a skin softening full body exfoliation. Together you will then relax under the soothing waters of the Private Heaven Steam Shower before soaking in a nourishing hydrotherapy bath. Savor a bottle of Champagne and chocolate covered strawberries or sweet delights from our Waldorf Astoria bakery. A personalized aromatherapy massage follows, soothing your muscle tension as you relax into bliss. Beautiful rose petals are included for a romantic touch.

STATE OF EQUILIBRIUM

3.5 hours

Stillness Relief Vitality

Come together to restore balance with side-by-side treatments that work to detoxify and then re-mineralize the body while strengthening the immune system and re-igniting energy levels. After a welcoming foot ritual, you both will enjoy a smoothing exfoliation with mineral-rich salts, followed by a warm detox wrap and hydrotherapy bath to help eliminate toxins. A customized massage performed with hot stones follows to open energy points, release tension and induce deep relaxation.

Wellness
TREATMENTS

JOURNEY INTO STILLNESS

120 min

Stillness Relief

Disconnect and quiet the mind with this journey focused on your upper back, neck, scalp and feet. Dedicated to reducing mental stress and calming physical tension. Elements of sound bowl therapy and aromatherapy enhance this full body experience.

LUXURY OF TIME

120 min | 3 hrs

Stillness Relief Vitality

A truly personalized escape beginning your journey with a consultation designed to address your needs of the moment. Reserve two or three hours where your therapist will consult with you to create the perfect combination of massage, body and signature facial therapies. Included is aromatherapy, hot stones and full body exfoliation.

ESSENTIAL STRESS RELEASE

120 min

Stillness Relief Vitality

Relieve body and mind of stress with a full body exfoliation, followed by a customized aromatherapy warm stone massage. The treatment concludes with a soothing face and scalp massage to alleviate stress in the mind and encourage deep relaxation.

A hairdresser with long blonde hair, wearing a leopard print top and black leggings, is styling the hair of a client with curly hair. The client is seated in a black salon chair. The background shows a modern salon interior with large windows and recessed ceiling lights.

*Salon
Menu*

Nail Spa

SERVICES

DELUXE SPA MANICURE

Stillness Relief Vitality

Treat yourself to a spa like manicure treatment resting in zero-gravity relaxation chair, listening to soothing music and closing your eyes with a pillow mask to ensure peacefulness. Includes an exfoliation and hydrating hand massage, nail care and polish or buff. Add an enhancement during your drying time to give you the ultimate Spa experience.

GEL MANICURE

Stillness Relief Vitality

Beautify your hands with a fashionable gel manicure that includes an array of colors to choose from. You will receive detailed cuticle maintenance, a moisturizing lotion application and relaxing massage.

PLATINUM MANICURE

Stillness Relief Vitality

This manicure starts with an exfoliation up to the elbow and continues with an extended hand and arms massage. After your massage, you will be wrapped in warm paraffin, hydrating the skin to be supple and soft. The nails will get filed and cleaned before finishing off with the polish of choice. Pair this with our Platinum Pedicure for ultimate relaxation.

DELUXE SPA PEDICURE

Stillness Relief Vitality

Elevate your pedicure experience by lounging in our zero-gravity chairs overlooking the Las Vegas Strip. You will be pampered with personalized service – a technician will use your choice of essential oils and place an eye pillow and warm weighted pillow on your abdomen for ultimate relaxation. This treatment includes a warm callus treatment, exfoliation, customized mask, soothing massage, nail care and polish or buff for a finished look.

GEL PEDICURE

Stress Relief Vitality

Enjoy our luxurious long lasting gel pedicure that includes cuticle maintenance and relaxing massage, all while you gaze upon the fabulous Las Vegas Strip in our ultra comfortable Dream Loungers – perfect service for an individual on-the-go.

DETOX FOOT TREATMENT

60 min

Vitality

Our self-heating Mud wrap is a luxurious detoxifying treatment like no other. This unique and exclusive treatment starts with a full leg and foot exfoliation. Then applying the self-heating mud mask to the feet to relax and soothe the muscles of the feet.

While the Mud is warming, we will then use our Cryotonic Soothing Leg gel to cool and calm the legs while we massage away the stresses of the world.

PLATINUM PEDICURE

Stress Relief Vitality

A treatment meant to relax and soothe your feet and legs. Combining a luxurious detoxifying leg and foot exfoliation and self-heating foot mask with our exclusive signature pedicure.

Including a long massage from the knee to the toes, this will make you walk away feeling light on your feet.



[BOOK NOW](#)

[MENU NAVIGATION](#)

Safon SERVICES

BANG TRIM |

MEN'S HAIRCUT

BASE COLOR |

WASH AND BLOW DRY (WAVES OR CURLS)

EXTENSION BLOW DRY

BRIDAL HAIR DESIGN

SPECIAL OCCASION HAIR STYLING

DEEP CONDITIONING TREATMENT WITH BLOW DRY

WOMEN'S HAIRCUT (INCLUDES BLOW DRY)

FULL HEAD HIGHLIGHTS (NOT INCLUDING BLOW DRY)

KERATIN BLOW OUT

EYELASH APPLICATION

CHIN - THREADING OR WAXING

LIP - THREADING OR WAXING

EYEBROW - THREADING OR WAXING

FULL FACE - THREADING OR WAXING

MAKE UP APPLICATION (INCLUDES LASHES)



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[MENU NAVIGATION](#)

Spa INFORMATION

SPA TREATMENTS & FACILITIES

Monday – Wednesday | 9:00am – 5:00pm

Thursday – Sunday | 9:00am – 7:00pm

Enjoy an immersive journey in our heat and water areas. In separate men's and women's facilities, begin your spa experience with our herbal steam room, laconium, experience showers, vitality spa, ice fountain, tepidarium chairs and relaxation lounge.

CANCELLATION POLICY

Please allow 24 hours notice of cancellation to avoid charges. A credit card number is required at the time of booking and cancellations within 24 hours will incur a 100% charge.

ARRIVAL PROCESS

We recommend that you check-in early at the Spa Reception at least 30+ minutes prior to your first scheduled appointment. This allows you to enjoy our welcome ritual, full Spa tour and access to our water experience area. Please note, late arrivals will not receive an extension of scheduled treatments.

DIGITAL SILENCE

To respect the privacy of our spa guests and maintain the sanctuary of our spa, we request that guests refrain from using their cell phone in the spa locker room, wet areas and treatment areas.

AGE REQUIREMENT

The minimum age requirement for access to the spa and fitness center is 18 years of age.

FITNESS CENTER

Daily 5:00am – 8:30pm