



JUICES

URBAN JUICER

THE WELL BEING 12 GF
cucumber, spinach, ginger, kale,
lemon

THE WAKE UP CALL 12 GF
carrot, apple, lemon

THE LIVER LOVER 12 GF
beet, carrot, apple, lemon

THE COOL DOWN 12 GF
coconut water, pineapple, apple,
mint, blue spirulina

NATALIE'S ORANGE OR GRAPEFRUIT 8 GF
from natalie's fresh squeezed

BAKERY

BUTTER CROISSANT 7

PAIN AU CHOCOLAT 7

BLUEBERRY MUFFIN 5

SOUTHERN BISCUITS 8

BAKERY BASKET 12
butter croissant, pain au chocolat,
blueberry muffin

WARM CINNAMON ROLL 12
cream cheese icing

HEALTHY START

GRANOLA PARFAIT 14
vanilla bean, greek yogurt, berries, banana,
brûlée pineapple, trubee honey granola

AÇAÍ BOWL 14 v
kiwi, coconut, banana, honey granola, berries

AVOCADO TOAST 16
slow roasted tomatoes, chermoula, whipped feta,
dukkah, herbs, sourdough
add: *gravlax salmon 10, *poached egg 3, bacon 5

STONE CUT OATMEAL 14 VG
candied pecans, dried fruits, brown sugar,
warm almond milk

MARKET FRUIT PLATTER 14
pineapples, melons, and tropical fruit


STARTERS

*SPICY PRAWN COCKTAIL 27 GF
spotted pink prawn, lemon,
zhoug cocktail, toum

LITTLE GEM CAESAR 18
sourdough, chicory, passed egg
+ 3 add boquerone

GRAVLAX TOAST 24
smoked salmon, dill cream cheese,
pickled shallots, smoked trout roe,
cucumber, crispy capers, sourdough

GREEK VILLAGE SALAD 21 v
crumbled feta, local greens, persian cucumber,
kalamata olives

GF - gluten free V - vegetarian VG - vegan  - spicy

*consuming raw or undercooked meat, poultry, seafood, shellfish or egg may increase your risk of foodborne illness

MAINS

STANDARD BREAKFAST 23

two local eggs, choice of beeler's bacon, pork sausage patty or chicken sausage
crispy breakfast potatoes and choice of toast

ULTIMATE BREAKFAST 32

two local eggs, choice of two proteins: beeler's bacon, pork sausage patty or
chicken sausage with two pancakes, crispy breakfast potatoes, and choice of toast

BREAKFAST SANDWICH 19

honey mustard glazed ham, caramelized onion chutney, cheese sauce, sunny egg,
english muffin

CLASSIC OMELETTE 24

three eggs, swiss cheese, beeler's bacon, tomatoes,
crispy breakfast potatoes and choice of toast

BLUEBERRY PIE PANCAKES 22 v

blueberry compote, almond streusel, sweet cream, lemon zest,
bourbon maple syrup

FRENCH TOAST 24

vanilla custard, fresh fruit, candied pecans, chantilly cream, bourbon maple syrup

TURKISH STEAK AND EGGS 24

hanger steak, poached eggs, turkish tomatoes, roasted pepper yogurt, aleppo oil, pita

*STEAK & EGGS 32

two local eggs, bavette, salsa verde, crispy breakfast potatoes, charred tomato

PORCHETTA BENEDICT 26

focaccia, porchetta, poached eggs, calabrian chili hollandaise, fennel, orange

GRAIN BOWL 21 v

falafel, quinoa, farro, israeli salad, arugula, radish, broccolini, avocado, tzatziki
add protein: eggs any style 3 chicken breast 10, hanger steak 15, gulf shrimp 15

*STEAK SANDWICH 28

ribeye, cooper sharp, arugula, caramelized onion, cherry pepper relish,
horseradish dijonaise

*TENNESSEE BURGER 22

wagyu beef, siracusan onion, house pickles, cooper sharp, lettuce, remoulade
add bacon 3

*STEAK FRITES 32

bavette steak, arugula salad, lutoso fries, salsa verde

SIDES

*CHICKEN APPLE SAUSAGE 7

SOUTHERN BISCUITS & JAM- 8

*PORK SAUSAGE PATTY 7

*SMOKED BACON 7

HALF AVOCADO 6

CUP OF FRUIT 7

CRISPY BREAKFAST POTATOES 6

TOAST & SEASONAL JAM 6

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