



# WELCOME TO ANPE AT LXR MANGO HOUSE

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**Helping you to find your inner peace, we provide you  
with an experience whereby your senses will be touched  
by the calming sea breeze, the breathtaking views,  
and the surrounding sense of tranquility.**

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Where the beauty of the Seychelles is translated into our spa experiences,  
and the benefits of nature are captured in our handcrafted skincare.

Your time with us will be truly unforgettable.

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# SPA INFORMATION

## HOURS OF OPERATION

**Daily from 12:00pm to 8:00pm**

**Last treatment booking time is 7:00pm**

Out of hours reservations are available upon request.

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## ARRIVAL TIME

You are encouraged to arrive 15 minutes prior to your treatment time to benefit from our arrival experience and use of any inclusive facilities.

Please be advised that late arrival may result in the reduction of your treatment time in order not to impact other guests.

## HEALTH CONDITION

Kindly advise us of any health condition that may affect your experience when making your reservation with us, such as allergies, injuries, medication, or surgery. If you are pregnant, our therapists will check you are safe to take treatments and will advise you on the suitable treatment for your comfort.

## ETIQUETTE

The Anpe environment is one of relaxation and tranquility. Please respect all guest's rights to privacy and serenity.

Anpe is a mobile phone and smoke free zone and we ask you to kindly respect this.

Amenities will be provided for your comfort including towels, robes, slippers, disposable under wear and amenities.

The minimum age permitted for treatments and services is 16 years of age.

Our therapists are fully qualified and will practice professional draping techniques during your treatment in-order to protect your modesty, and you will be provided with disposable garments for your additional comfort.

## PRICES

All prices are quoted in Seychelles Rupees and are inclusive of 10% service charge and 15% VAT.

## CANCELLATION

In the event you need to cancel your treatment experience, we do request a minimum of 6 hours notice to avoid cancellation charges.

## HOMECARE

To continue your treatment experience away from Anpe, the products used in your treatment are available for purchase along with gift vouchers and gift items. A homecare prescription will be provided for your information.

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# FACIAL TREATMENTS

## SOULAZE

Our signature facial treatment gives a luxurious experience that will focus on lifting and stimulating massage techniques to stimulate collagen and aid circulation to give a more radiant complexion.

**SCR 2,550** | 90 minutes

## COUCOUN

Lack lustre, tired, dehydrated skins will benefit from the secret ingredient of coconut cream in this facial treatment to boost hydration and rebalance the lack of hydration.

**SCR 2,100** | 60 minutes

## ALOE LOKAL

The combination of Cucumber and Aloe Vera in this treatment help to soothe irritated, sensitive or sun damaged skins.

**SCR 2,100** | 60 minutes

## ZIL PURIFE

Your skin will be deeply cleansed and the pores opened naturally with steam to encourage the elimination of excess toxins and sebum. Coconut charcoal is a natural ingredient used to purify the skin.

**SCR 2,250** | 75 minutes



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# ENHANCEMENTS

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These treatments can be booked individually or added to any treatment to enhance the experience

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## HAND OR FOOT PRESSURE POINT MASSAGE

Pressure point massage is the technique of gently pressing or stimulating the trigger points in the hands or feet to cause them to relax.

**SCR 950** | 30 minutes

## HOT OIL SCALP TREATMENT & MASSAGE

Using gently heated natural oils to nourish the hair and soothe the scalp, with a strong but relaxing massage technique to ease tension

**SCR 950** | 30 minutes

## RASUL STEAM EXPERIENCE

Using our steam room experience, we will provide you with a bespoke body scrub to remove dead skin cells, open the pores, and eliminate toxins

**SCR 950** | 30 minutes

## EXFOLIATING BODY TREATMENT

Choose from Activated Charcoal for a more coarse exfoliation, or Ground Casava for a gentler exfoliation of the skin

**SCR 1,350** | 45 minutes

## BACK, NECK, AND SHOULDER MASSAGE

Focus on areas of tension post flight or just need an express massage, pressure will be adjusted to suit.

**SCR 950** | 30 minutes

# MASSAGE TREATMENTS

## LAVI ANPE

This unique full body massage will leave you floating in paradise, and includes a face and scalp massage. We use our Signature Banana Oil and warmed granite stones to soothe muscles in combination with our relaxing massage strokes.

**SCR 2,600** | 90 minutes

## CALM BAIE

A smooth, gentle, flowing style of massage that promotes general relaxation and relieves muscular tension. This treatment is suitable for mother to be after the first trimester.

**SCR 2,000/2,300** | 60/90 minutes

## SESELWA BLENDED

Your therapist will expertly design your massage considering your preferred areas of focus, massage technique and level of pressure. Oils will be selected to compliment your concerns and desired outcome of the treatment.

**SCR 2,000/2,300** | 60/90 minutes



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# SPA EXPERIENCES

## MOONLIGHT RITUAL

Enjoy an evening ritual for two. Enjoy the sense of connection as you relax in the warmth of the steam, applying a fine body enzyme to each other allowing the steam to cleanse the skin. Move to our desert sand massage tables for a luxuriating massage treatment before relaxing on the terrace with refreshments and privacy.

**SCR 3,500** | 120 minutes

## DETOX DELIGHT

Full body exfoliating treatment, detoxifying steam treatment, and concluding lymphatic massage to eliminate toxins and improve the circulation.

**SCR 2,550** | 90 minutes

## OCEAN DREAM

This experience commences with a series of stretching movements and is followed by an inhalation steam experience. Then, and as if floating on water, enjoy a sense of weightlessness with a unique massage on water pillows.

**SCR 2,550** | 90 minutes

# NAIL CARE



## ISLAND HANDS

Deluxe manicure treatment provides complete hand and nail care including exfoliating skin treatment, nail soak and shaping, cuticle work, nourishing hand and nail massage and nail polish to conclude.

**SCR 1,450** | 60 minutes

With French Manicure

**SCR 1,550** | 75 minutes

With Gel Manicure

**SCR 1,700** | 90 minutes

## OCEAN HANDS

Great for those on the go or needing a touch up. A quick fix with nail polish removal, nail soak and shape, cuticle care, moisturising treatment.

**SCR 990** | 30 minutes

## OCEAN FEET

An express option, this treatment provides those on the go with a foot soak, nail shaping, cuticle care, moisturising foot treatment and removal of nail polish.

**SCR 1,050** | 30

## ISLAND FEET

Deluxe pedicure treatment provides rejuvenating foot care, with foot soak, exfoliating skin treatment, hard skin removal, nail shaping and cuticle work, nourishing foot and leg massage and optional colour of choice to finish.

**SCR 1,850** | 60 minutes

With French Pedicure

**SCR 1,950** | 75 minutes

With Gel Pedicure

**SCR 2,050** | 90 minutes



# PRODUCT PRICE LIST

	Size (ML)	Retail Price (SCR)	Description
<b>FACIAL PRODUCTS</b>			
Coconut Treasure Facial Cleanser	150	750	All skins facial cleanser
Coconut Water Facial Toner	150	700	All skins facial toner
Superfine Coconut Face Polish	100	750	Gentle face polish suitable for sensitive/mature skins
Activated Charcoal & Malakite Exfoliator	100	800	Facial exfoliator suitable for normal skins, male skins and dull skins
Soothing Seaweed & Aloe Face Mask	100	875	Highly nourishing and soothing face mask treatment
Detoxifying Charcoal & Malakite Face Mask	100	1,000	Detoxifying and purifying face mask suitable for acne and blemishes
Tropical Wonder 24 Hour Moisture Cream	50	750	Rich all skin daily moisturising cream
Water Quench Aloe & Cucumber Face Cream	50	700	Hydrating daily face moisturiser, a lighter consistency for daily use
Island Fruits Face Serum	50	750	Used alone or under a moisturiser, light gel consistency serum
Exotic Blend Facial Oil	50	850	Supreme quality face oil to feed the skin and replenish skin cells
Sunrise Eyes	30	625	Gentle daily eye cream to reduce puffiness, dark circles and dry skin
<b>BODY PRODUCTS</b>			
Sweet Banana Massage Oil	150	1,050	Exclusive massage oil, blended from caramelised bananas to create a deeply nourishing massage oil
Moringa & Activated Charcoal Body Scrub	100	750	Exfoliating body scrub with a larger grain exfoliator for dry skin and stubborn areas
Ground Cassava Gentle Body Polish	100	800	Fine body polish suitable for sensitive skins and sun damaged skins

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# PRODUCT PRICE LIST

	Size (ML)	Retail Price (SCR)	Description
<b>HAIR &amp; SCALP PRODUCTS</b>			
Island Secrets Nourishing Hair Oil	100	850	Deeply nourishing hair oil for relaxation and conditioning
Deeply Hydrating Hair Mask	250	950	Hair conditioning treatment mask
<b>HAND &amp; FOOT CARE</b>			
Papaya Seed, Bigarade & Mint Foot Scrub	100	750	Cleansing, detoxifying, foot scrub to remove dead skin cells
Mint Extract Foot Cream	50	600	Richly moisturising foot and leg cream
Hibiscus Hand Cream	50	600	Rich hydrating gentle hand and nail cream
<b>SANITISING PRODUCTS</b>			
Lemongrass Hand Sanitiser	50	300	A natural disinfecting hand sanitiser spray

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