

ENERGIZING AND FRESH

SEASONAL FRUIT & BERRIES ^{GF} 15

house-made almond granola | waldorf harvested honey

SMASHED CALIFORNIA AVOCADO TOAST 20

edamame | mint | parmesan | multi-grain

add sunny side up local brown cage-free egg 4

add cambridge hand-cured smoked salmon 9

COCONUT YOGURT BOWL 16

greek yogurt | farm fresh berries | house-made almond granola | pomegranate seed

LOX AND NOSHMAN BAGEL 21

cambridge hand-cured smoked salmon | dill cream cheese

pickled onion | arugula | cucumber

GRAINS AND OATS

BANANA FRENCH TOAST 20

fresh bananas | toasted almonds

BLUEBERRY PANCAKES 20

blueberry compote | whipped mascarpone

STEEL CUT OATMEAL 16

farm fresh berries | fresh bananas

CONTINENTAL BREAKFAST 18

assorted house-baked pastries | seasonal fruit

greek yogurt parfait | house-made almond granola

LOCAL BROWN CAGE FREE EGGS

THE ASTORIA 25

two local cage free eggs | breakfast potatoes | toast
applewood smoked bacon or pork sausage or niman ranch sautéed ham

CAPRESE FRITTATA ^{GF} 22

local brown cage-free egg whites | avolini marinated mozzarella

mini heirloom cherry tomatoes | basil

add california avocado 6

add smoked salmon 9

NIMAN RANCH HAM FRENCH OMELET ^{GF} 25

onion | cheese | niman ranch ham

FARMER'S OMELET ^{GF} 25

mushroom | tomato | onion | goat cheese

CROQUE MADAME 24

sunny-side egg | niman ranch ham | white cheddar | dijon |
gruyere mornay

SMOKED SALMON EGGS BENEDICT 29

english muffin | arugula | traditional hollandaise | breakfast potatoes

MORNING SHAKES

FRESH-PRESSED JUICES ^{GF / V} 10

orange | grapefruit

GREEN SMOOTHIE ^{GF / V} 11

kale | california avocado | local spinach | apple | citrus | ginger

MIXED BERRY & ORANGE SMOOTHIE ^{GF / V} 10

STRAWBERRY BANANA SMOOTHIE ^{GF / V} 10

agave | raw almond milk

FITNESS & PROTEIN ^{GF / V} 12

omega seed butter | raw almond milk wild blueberries | hemp | chia | dates