



CONRAD® SPA

LOS ANGELES



Meet Conrad Spa Los Angeles, a spa that curates the world's best from our own doorstep and further afield.

Authentic wellness touches which echo the locale and exciting innovations are infused throughout the experience, provoking intrigue, passion and giving guests reasons to pause, connect and reflect.

Guests are emboldened to engage, experiment, and explore wellness on their terms.

Transcending the typical, The Spa is committed to elevating the experience into something deeper and more meaningful:

To leave you better than when you arrived.

Boundary Free Wellness

Power up or power down with an innovative selection of high-tech wellness therapies and performance tools delivered in private Recovery Cabins. Select from integrated circuits to achieve a specific outcome or create an entirely personalized experience.

Recovery Cabin Experiences

Discover our transformative escapes designed to dive deeper into mind and body awareness to achieve an elevated state of wellbeing.

Rescue

NuCalm Rescue Meditation | Infrared PEMF Mat

Recover

NuCalm Reboot Meditation | Compression Therapy | Infrared PEMF Mat

Recharge

NuCalm Recharge | Compression Therapy | Infrared PEMF Mat | LED Light Therapy

Bespoke Experiences

Wellness on your own terms. Select a 30 or 60 minute block of time that can include any of the below wellness fixes to be selected from our Tech Cart.

LED Light Therapy

Compression Therapy

Infrared PEMF Mat

Infrared Sauna

Quantum Harmonic Therapy

The ultimate power nap. Binaural sounds combined with a wave massage system are matched to the chakras to provide intense relaxation, renewed energy, and focus.





A Journey with Purpose

A commitment to push beyond the limits and promote self-discovery. Experience a curated selection of innovative, layered programming for individual exploration.

Rescue 2.5 HOURS

Quantum Harmonic Therapy | Aroma Wellness Journey | Microjet Infusion Facial

Relief begins with the cocooning comfort of **Quantum Harmonic Therapy** which uses soundwaves, gentle vibration and chromatherapy to bring a sense of stillness to a busy mind. An **Aroma Wellness Journey** massage deepens the surrender to deep relaxation blending aromatherapy and restorative techniques. Your radiance is restored during a **Microjet Infusion Facial** this cutting-edge 3-phase facial technology provides lymphatic drainage, exfoliation, and serum infusion.

Recharge 3 HOURS

Infrared Sauna | Thai Massage | Percussion Therapy | Advanced Peeling Facial

Deep restorative heat in our **Infrared Sauna** prepares the body for limber limb inducing **Thai Massage** a flow of rhythmic stretching and pressure-point stimulation support the body's natural energy flow. **Percussion Therapy** is integrated focusing on your targeted areas of tension relieves muscular adhesions bringing a renewed range of motion. During an **Advanced Peeling Facial** skin is given new life as a combination of custom concentrated AHAs and PHAs retexturize and regenerate the epidermis.

Recover 3.25 HOURS

Infrared Sauna | Body Planing | Lymphatic Massage | Couture Facial Treatment

Gentle and effective heat promotes detoxification and deep muscle recovery in our **Infrared Sauna**. Release what no longer serves you as your skin is renewed, **Body Planing** paired with skin nutritive oils using the patented Body Plane tool, provides an invigorating and full body exfoliation. Decreasing feelings of stagnation, **Lymphatic Massage** a series of superficial rhythmic and calming movements, leaves the body feeling revitalized and light. Emerge refreshed as your experience culminates with a **Couture Facial Treatment** to answer all your skincare desires and needs with bespoke serums blended just for you.

The Edit

A hotbed of the new, now, and next, Los Angeles is the home of innovation and intrigue. Immerse yourself in a selection of bold, cutting-edge wellness therapies.

The Haute Couture Experience 180 MIN

Body Couture Treatment 90 MIN | Face Couture 90 MIN

Icon of Maison CODAGE, this holistic face and body experience begins with CODAGE's **Body Couture Treatment** a skincare inspired body treatment that combines personalized body oils and serums to target all concerns integrated into a wellness enhancing massage. Your face is graced with the same bespoke experience of **Face Couture** a targeted facial treatment featuring a mixology of serums tailored to you and the signature CODAGE Cellular Workout. The know-how of our therapists used in this exceptional treatment will bring forth vitality, radiance, and serenity.

The Icons 120 MIN

The Method Body 60 MIN | Microjet Infusion with LED 60 MIN

This transformative face and body anti-ageing experience combines Augustinus Bader's sophisticated, scientific formulations with innovative esthetic technology and techniques to provide high impact results. **The Method Body** pairs a silky body oil, clinically proven to firm the skin, therapeutic bodywork to nourish and renew while a breakthrough scalp and hair treatment increases shine and strength. Your face is elevated during a **Microjet Infusion** combining Augustinus Bader's proprietary TFC8® technology and **Jet Peel** cutting-edge 3-phases providing lymphatic drainage, exfoliation, and serum infusion further amplified with professional LED anti-ageing therapy.

Signature Sculpt 120 MIN

Signature Sculpt Body 90 MIN | CODAGE Cellular Workout 30 MIN

Sculpt from head-to-toe. A sequence of intentional techniques and highly effective products deliver immediate, superior results leaving the body firmed and toned. **Signature Sculpt Body** merges a Body Plane exfoliation ritual with concentrated anti-cellulite products, sculpting massage techniques and NuBody microcurrent. A highly effective **CODAGE Cellular Workout** facial session using a tailored mixture of active ingredients lift and tighten your skin. This unique combination of massage and pressure points techniques stimulates facial muscles and improves blood circulation and lymphatic drainage for radiant, younger-looking skin.



Flexible Wellness

In a city that thrives on the idea of continuous reinvention, just like Los Angeles, we are continually evolving our identity.

Supporting emerging beauty brands and the latest wellness innovations, The Spa features an evolving treatment series featuring hot skincare and self-care. Each partnership is vetted for performance, experience, and sustainability by our team of experts.

Rose Quartz Goddess Facial™ By Angela Caglia 90 MIN

Personally trained by Angela Caglia, our expert estheticians deliver immediate results with this coveted, high performance, holistic facial treatment. Using organic and natural plant based ingredients with Angela's barrier loving signature lipid-lock™ technology, you will leave transformed, glowing and red-carpet ready just like her long list of celebrity clients. Includes: LED Light Therapy, Microcurrent, exfoliation, extractions, massage, crystal mask, gua sha, cryotherapy, ultrasound therapy, and sonic lifting.

Results: Antioxidant, hydration, repair of cellular damage, reduced signs of aging.



Angela Caglia

Celebrity Facialist and Master Esthetician Angela Caglia created her clean clinical skincare line in response to the reactive skin and disrupted lipid barriers she was seeing with her A-list clientele. Her collection of decadent natural products and innovative tools were designed to strengthen the lipid barrier through a simplified results-driven regimen, yet every product is a luxurious ritual.





The Collection Skincare

Sophisticated science-led skincare is paired with advanced technology and a team of experts to craft individual solutions that deliver immediate, visible results.

Augustinus Bader

Inspired by three decades of groundbreaking research by a world-leading stem cell specialist, Augustinus Bader skincare is backed by the highest caliber of applied science. Smart, adaptive formulations powered by TFC8®, an exclusive patented technology, promote the skin's ability to renew and regenerate, leaving the skin radiant and refined.

The Method 60 MIN | 90 MIN

This innovative treatment is designed to boost cellular communication, promote regeneration, firm, tone and refine the complexion. Comprising intelligent, potent formulations, and Augustinus Bader's proprietary TFC8® technology, this sensorial, hands-on treatment features artful massage to boost blood flow and directly addresses the facial fascia, leaving skin energized, and noticeably sculpted.

Trained by Celebrity Facial Masseur, Gavin McLeod, our expert estheticians are among a very select few to deliver the renowned The Method facial.

Microjet Infusion 60 MIN | 90 MIN

Cutting-edge esthetic technology penetrates the dermal layers of the skin to restore radiance via a powerful three-phase layering of lymphatic drainage, exfoliation, and serum. This Jet Peel facial is paired with Augustinus Bader's groundbreaking technology to provide immediate, unparalleled results.

wellness bar

Treatment boosts designed to be layered onto other services for a highly individualized experience.

V-Neck Treatment

This non-invasive, patented JetPeel treatment stimulates collagen and elastin production to reverse visible signs of aging and reveal a more youthful neck and décolleté area.

Scalp Treatment & Massage

This treatment rejuvenates the skin of your scalp and promotes healthier and stronger hair. These hair boosting benefits are further enhanced by an invigorating and tension relieving scalp massage.

The Collection Skincare



wellness bar

CODAGE

CODAGE Paris takes a Contemporary Apothecary approach to skincare, with expertise inherited from the traditional French pharmacy, and adapted to decode each individual's skin needs. All treatments are personalized to provide targeted solutions for both women and men and include a facial workout session using a personalized mixture of active ingredients and pressure points to tone, lift and tighten your skin. This unique combination of massage techniques stimulates facial muscles and improves blood circulation and lymphatic drainage for radiant, younger-looking skin.

Face Couture **60 MIN | 90 MIN**

This custom treatment for the face and décolleté targets and answers all your desires and needs. Following a double cleanse and complete exfoliation of the skin, the CODAGE Cellular Workout is performed using a mixology of personalized serums. In addition to radiant skin and immediately visible results, this iconic facial provides a unique feeling of well-being.

Advanced Peel Treatment **60 MIN**

A true professional peel, this treatment is performed using a unique layering technique. The CODAGE products, concentrated in AHA and PHA, are applied in successive layers to retexturize the skin and to fade dark spots and regenerate the epidermis, for a guaranteed new skin effect. The peeling intensity will be adapted according to your skin type and needs.

Eye Lift & Glow Treatment

This eye contour treatment reduces dark circles, puffiness, and signs of ageing. An infusion of ultra-concentrated serums and a synergy of expert gestures restore youth and luminosity to the eyes.

The Collection

Bodywork



Contemporary techniques combine with expert knowledge to address individual needs and promote essential and immediate recovery.

Intuitive Massage **60 MIN | 90 MIN**

Embracing the wisdom of the body, master therapists develop an individualized session to enhance and elevate the body and mind, shifting the mindset from fixing problems to creating positive changes.

Elemental Balancing Massage **60 MIN | 90 MIN**

This massage, inspired by Ayurveda, the ancient Indian wisdom of healing, is personalized to attune to your own natural rhythms and to balance the elements that make up your whole being. Specially selected herbal infused oils and ayurvedic techniques calm the nervous system and balance the 5 elements Ether, Air, Fire, Water and Earth, promoting harmony and vibrant well-being.

Thai Massage **60 MIN | 90 MIN**

Using pressure-point stimulation and targeted, rhythmic stretching, Thai massage restores the body's natural energy flow while reducing stress and muscle tension. *Yoga or exercise attire is required.*

Body Couture Treatment **60 MIN | 90 MIN**

This custom treatment for the body combines the well-being of a massage with targeted results-driven skincare. A combination of oils (relaxing, muscle relief, contouring, draining-stimulating) and of body serums (moisturizing, anti-aging, slimming-contouring) is used in a personalized way to best answer your expectations.

wellness bar

Percussion Therapy

Integrating percussion technology to focus on targeted areas of tension.

CBD Massage Oil

Contains organically farmed full spectrum CBD oil that helps reduce inflammation and promotes deep states of rest while deeply hydrating the skin.

CBD Targeted Pain Relief

Plant based full spectrum CBD serum infused with lidocaine for focused relief of chronic pain and injuries.

Gemstone Collagen Face Mask

Potent and packed with high-performing actives to firm, lift and hydrate.

Scalp Treatment & Massage

This treatment rejuvenates the skin of your scalp and promotes healthier and stronger hair. These hair boosting benefits are further enhanced by an invigorating and tension relieving scalp massage.

Maintaining healthy skin goes far beyond the face alone. The skin on our bodies, while durable, is still vulnerable to outside stressors and requires unique care that is functional and multi-faceted.

Body Plane **60 MIN | 90 MIN**

An exclusive treatment featuring an innovative, cult favorite body plane tool inspired by the Greek and Roman bathhouses, gently scrapes the skin of dullness while providing a soothing massage. Working from the toes up, the skin is moistened with an aroma wellness mist and warmed detoxifying body oil followed by long, invigorating strokes to promote lymphatic drainage. The therapist works the energy up to the heart center to stimulate the nervous system and reveal radiant skin.

Recommended Enhancement: Detox Collagen Face Mask

Body Tone **90 MIN | 120 MIN**

This draining and toning treatment, using products which are highly concentrated in caffeine and pink pepper extract, smooths skin, helps eliminate cellulite, and stimulates the microcirculation for a true sensation of comfort and lightness. A NuBody microcurrent tool is applied to targeted areas to further refine and sculpt the body, delivering visible results.

Recommended Enhancement: Gold De-Puffing Collagen Face Mask

The Collection Bodycare





Spa Etiquette

Our spa environment is one of relaxation and tranquility. Please respect all guests' right to privacy and serenity. To preserve the tranquil environment, mobile phones and smoking are not permitted at the spa.

Arrival

Please arrive at least 30 minutes prior to your appointment time to fully enjoy exclusive spa facilities, including complementary sauna and Enlightenment Lounge with accompanying amenities. Please understand that late arrivals may result in a reduction of treatment time.

Cancellation

A valid credit card is required to hold all reservations. Should you need to cancel or reschedule your appointment, kindly provide a twenty-four (24) hours' notice to avoid incurring the full-service fee.

Age Requirement

The spa is an adult-oriented atmosphere therefore guests must be 16 years of age or older to experience spa treatments and enjoy the spa facilities. Guests under the age of 16 can enjoy our spa treatments accompanied by a parent or guardian, they do not have access to the spa facilities.

Gratuities

For your ease and convenience a 20% gratuity will be applied to each service. It is fully distributed to the spa therapist and support staff who served you during your spa experience.

Health Conditions

Prior to your treatment selection, please be sure to inform us of any health conditions you may have such as allergies, injuries or pregnancy, as these may affect your treatment selection.



1-800-CONRADS